



FIRST AID AND OUTBREAK PLAN

Application - all athletes, coaches, members, volunteers, participants and family members of participants while in attendance at South Vancouver Little League activities (“Participants”).

FIRST AID

In the event that first aid is required to be administered during an activity, all persons attending to the injured individual MUST first put on a mask and gloves.

[A Guide for Employers and Occupational First Aid Attendants](#)

To download the PDF please click on the link.

[First aid protocols for an unresponsive person during COVID-19](#)

Please click on the above link to view website.

OUTBREAK PLAN

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. An “outbreak” is two or more; a “case” is a single case of COVID-19.

1. If a case or outbreak is reported, the participant will immediately report it to the SVLL Safety officer at safety@svll.ca who has the authority to modify, restrict, postpone or cancel activities.
2. If a participant suspects or confirms to have COVID-19 and have been at the activity place, the safety officer will appoint someone to implement enhanced cleaning measures to reduce risk of transmission.
3. Implement your illness policy and advise individuals to:
 - self-isolate
 - monitor their symptoms daily, report respiratory illness and not to return to activity for at least 10 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
 - use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed.
 - Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.



FIRST AID AND OUTBREAK PLAN

4. Individuals can learn more about how to manage their illness [here](#).
5. In the event of a suspected case or outbreak of influenza-like-illness, immediately report and discuss the suspected outbreak with the Medical Health Officer (or delegate) at your local health authority. Implement your Illness Policy and your enhanced measures.
6. If your organization is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.

Individuals can find more information on cleaning and disinfecting [here](#).

[Regional Health Authorities](#) has contact information for Vancouver Coastal Health